

7keys

#MEANINGFULSTUDY#

Culled from 'Hi! I'm a School girl' by Jadesola Adepeju



It does not take long for average students to realise that sitting for long reading their class notes does not always culminate into excellence when examination comes.

Here are five tips on how to study and get meaningful results out of your study hours.

1) BE CONSISTENT

Make sure you read your books every day. By this I mean you must cultivate the habit of personal study. If all you do every day is listening to teachers teach you and you don't take personal time to study and reflect on what you've been taught, you will not learn much.

2) STUDY

Studying is different from mere reading. When you study, you stop reading after a few pages and test yourself to see how much you can remember out of what you have read so far. You can do this by writing them down. Then read again to capture some of the points that you missed during your first reading.

3) TEST YOURSELF

It is good to convert the things written in your notebooks to questions. For example, if you read the following in your notebook, "dogs are mammals," to convert it to question, you may write something like, "what class of animals are dogs?" Do this for every of your notebooks and keep doing it as your teacher gives you new things to write in your notebooks. After the test, open your school notebook and mark your own script. Then, go back to your class notebook and read the answers you got wrong all over again. The idea is to always be ready in case your teacher comes up with a sudden test in class any day.

4) MAKE USE OF PAST QUESTIONS

It is a good idea to get past questions of the examination you are preparing for. Sometimes these are available for sale, if you are fortunate to get the marking scheme, it will guide you to what is expected by the examiner.

5) RELATE TO REAL LIFE

Many of the things you will be taught in school have relevance in real life situations. So, try to relate them to situations around you. This will help your memory. For example, if you were

taught the colours of the rainbow in any subject; the next time you see a rainbow in the sky, make efforts to identify the colours as you were taught in school

6) LEARN FROM OTHERS

However, take note of all the things you don't understand and seek clarification from your mates who understand. Don't ignore any topic that you don't understand; seek help early. It is important that you learn to retain definitions and formulae in your memory.

7) USE VISUALS

When you have some definitions or formulae that refuse to stick into your mind, you may copy them on a piece of paper and glue it to a wall in your bedroom or on the wall next to your study table so that you are forced to look at them on a daily basis. Better still, you may turn them into songs since songs are easier to remember.



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