

4 REASONS Teenagers Dread SCHOOL



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this can be greatly increased if such a teenager is one that already has [a low self-esteem](#).

It is easily assumed that all teenagers love going to school. But sincerely speaking, there are teenagers that loath the thought of school; certain things have happened that made them dread going to school. Here are four reasons why some teenagers dread school.

LONELINESS

A lot of teenagers are loners. Although they may be in the midst of a crowd, they do not have meaningful interactions with others. They feel that no one will miss them if they are absent from school. This can make them withdrawn and sad. The effect of

STRESS

School has its own demands; this can be overwhelming for some students depending on their peculiar circumstances. Some students have challenges with their health, so the stress of school makes them fall sick frequently; this makes school become a 'necessary evil' for them. For some others, the type of school they attend does not take cognisance of the fact that 'all work and no play make Jack a dull boy'. Such schools fill every moment with notes to study and assignments to do; they give no room for relaxation. This can be counter-productive for the student as he may not be able to assimilate what is being taught after a while.

BULLYING

Worse still, school can become a place of dread when some classmates pick on their mates, calling them names and doing all sorts of things to terrify them. The child that is on the receiving end will loathe school. [Bullying](#) is a major factor that makes teenagers hate school.

POOR ACADEMIC PERFORMANCE

Sometimes a teenager just doesn't seem to catch up with his mates on academic performance. This becomes frustrating if despite all his efforts, he keeps getting poor grades at the end of every examination. He just finds it difficult to recall what he has been taught during exams and he also messes up with simple classwork. If he is not rescued on time, he may conclude that he is not part of the fortunate few who are meant to excel academically; so he would stop making efforts to succeed. When a child gets to this point, he loses interest in school entirely since school only makes him feel that he is a failure. He seeks solace in other activities that makes him feel that he is good in something.



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About the author

Jadesola is a Christian missionary, counselor and writer. She firmly supports her husband in their ministry to young people.



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